



KENYA ACADEMY OF SPORTS

Beyond sporting talent

STUDENT-ATHLETE CONTRACT

Agreement is made the ----- day of ----- 20 -----between Kenya Academy of Sports (hereinafter called 'KAS') in one part and (hereinafter called the 'student-athlete') on the other part. As a student-athlete, I understand my responsibility to commit to the principles of self-discipline, collaborative effort and team building, and to be an ambassador for the institution.

Academic Standards

I understand that the Kenya Academy of Sports (KAS) is committed to the philosophy that student-athletes are students first and foremost and that all student-athletes must exhibit behaviors that demonstrate a commitment to maximizing academic success as their first priority. I understand that KAS has created the following standards, strategies, and policies to maximize the possibility of student-athletes meeting their academic goals. I understand that I am obligated to comply with these standards:

1. Student-athletes must adhere to all the school rules;
2. Student-athletes' academic progress is monitored by the school. If at any time, the school receives academic information that a student-athlete is not meeting his or her responsibilities, the Principal of the School will meet with KAS Management to determine if playing or practice privileges will be restricted, suspended, or terminated;
3. Student-athletes are not permitted to miss any regularly scheduled classes for activities other than scheduled sports competitions, unless approved by the Head Teacher of the school and/or the CEO, Kenya Academy of Sports;
4. Student-athletes are expected to meet all deadline dates for class assignments and are required to make pre-arrangements with the class teacher and coach when quizzes, tests or special assignments conflict with competitions dates.

Behavioural Expectations

Student-athletes are visible representatives of the institution both in school and out of school whose behaviours are often closely scrutinized by the media and general public. Student-athlete behaviour affects public perception of institutional ethos, KAS standards, and the character of the student body. Therefore, it is an expectation that student-athletes will demonstrate consistent role model behavior, sportsmanship and self-control. More specifically:

1. Student-athletes must be committed to fair play. Intentional acts of unsportsmanlike behavior or cheating will not be tolerated;
2. When representing their teams during competition, student-athletes will exercise self-control in all ways including but not limited to; resisting the use of profanity, demonstrating unnecessary aggression or hostility towards others, making inappropriate physical gestures, taunting or excessively celebrating, and disrespecting coaches, officials, teammates or opponents;
3. When interacting with the media, student-athletes are expected to remain positive and not use media interviews as a platform to share personal frustrations about the team, coaches, KAS or the school or to make any negative comments about opponents or officials;
4. Any actions that result in a student-athlete being sanctioned by school or the government authorities may also result in sanctions from KAS.

Sports Training

Sports training programs in preparation for athletes' performance as designed and supervised by coaches and support staff (trainers, strength coaches, etc.) require intense physical activities, constant feedback, and creating benchmarks to maximize each athlete's potential and team success. Participation in training and instruction is an educational process that requires collaboration between athlete support staff and student-

athletes, especially as such collaboration is intended to minimize the inherent risks associated with intense physical activities that can also be mentally and emotionally challenging. Therefore, the need for and acceptance to the following participation responsibilities:

1. The athlete shall not be in or enter into any other contract or commitment with any other person or entity during this contract period. If an athlete was in any contractual obligations with another entity, he/she will be required to seek for a release before joining KAS;
2. Report to my coach or trainer, any change in my physical, mental or emotional well-being that may affect my ability to participate safely. This includes any additions of prescription medications;
3. Commit to completing all conditioning activities and practice sessions necessary for optimum preparation for physical, mental, and emotional stress associated with my sport unless documented limitations that have been approved by the medical or counselling staff;
4. Refrain from participating in unsanctioned activities that put my performance at risk;
5. Follow the guidelines given to me by my coaches and trainers regarding hydration, sleep, and nutrition;
6. Communicate with my coach or trainer any time I feel any abnormal or laboured physical response to exercise such as pain, nausea, shortness of breath, dizziness among others;
7. Communicate with my coach or trainer any time I feel incapable of continuing to participate due to any physical, mental or emotional distress;
8. Communicate with my coach or trainer if I become aware of another athlete's abnormal or laboured physical, mental, or emotional response to any activity;

9. Willingly discontinue from activities any time a coach or trainer tells me to and follow their directives regarding follow-up meetings with medical staff or other appropriate professionals;
10. I understand that as a trainee under the Kenya Academy of Sports, I am entitled to a monthly stipend of Kshs 3,000;
11. During participation in local and international sports events, athletes are entitled to allowances as guided by institutional policies;
12. Recognize that any awards/rewards/prizes that accrue from my/our participation in a championship/tournament will be received and managed by the Kenya Academy of Sports;
13. Recognize that participation decisions must be made by relevant sports technical staff. Parents may not override these decisions.

I accept the participation standards and policies listed above and knowingly accept that violations of these standards may result in a variety of sanctions by KAS including, but not limited to restriction, suspension from, or termination of participation in the sports program.

Student-Athlete Signature:

_____ Date: _____

Parent's Name and Signature (if athlete under 18):

_____ Date: _____

KAS Authorized Signatory:

_____ Date: _____

